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*Food and Health.* By H. KINNE and A. M. COOLEY. New York: Macmillan, 1916. Pp. 312. \$1.10.

*Clothing and Health.* By H. KINNE and A. M. COOLEY. New York: Macmillan, 1916. Pp. 302. \$0.65.

*Clothing and Health*, designed for use in elementary schools, seems to be of the "supplementary reading type." Where there is no opportunity for regular instruction and laboratory work in foods, and the teacher is not trained along that line, this book might fit nicely. But where any amount of time could be given to foods-instruction, this seems to be too popularly written—too much story—for practical use.

The general plan of lessons, following the various meal-plans, would seem better adapted to a reading circle or girls' club, rather than to elementary school instruction.

The same criticism could be made of the companion volume, *Clothing and Health*.

The book is too limited in sphere of usefulness to make a very valuable contribution to the literature on home economics.

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*Daniel Defoe—How to Know Him.* By WILLIAM P. TRENT. Indianapolis: Bobbs-Merrill Co., 1916. Pp. 329. \$1.25 net.

In this day of hurried and rather desultory reading on the part of the average reader, it is with no small degree of complacency that he answers the question, "Who wrote *Robinson Crusoe*?" "Why, Daniel Defoe." The impression of the story itself was gained somewhere in the dim past of childhood. Comparatively few readers know that Daniel Defoe, son of a butcher, and successively stocking merchant, brick manufacturer, soldier, government spy, journalist, and politician, was one of the most representative figures of an age of reaction against Puritan stringency. There is perhaps no better representative of right-thinking men and women, attempting to uphold moral and political standards against the demoralizing influence of the court of Charles II, the succeeding "bloodless revolution," and the religious unrest manifest while the union of England with Scotland was forming.

Professor Trent has made of his discussion of the life and letters of Daniel Defoe a work that is almost as entertaining to the adult mind as was *Robinson Crusoe* to his childish thought. Through his happy choice of selections from the less known works as well as from *Robinson Crusoe*, Professor Trent revivifies the author and evaluates him in the world of letters.

The reader is continually struck with the range of interest exhibited in the pamphlets. Defoe seems to be equally at home with sailors, educators, and statesmen. In this day of feminism the opinions expressed in the *Academy for Women* are entertaining.